



COLD PLUNGE TUB · 1 PERSON

The Spring

A one-person cold plunge with a built-in heat pump, holding the water as low as 5°C, and warming it to 40°C when you'd rather soak.

SEATS 1 person	TEMPERATURE 5°C to 40°C	SIZE 200 × 95 × 90 cm
WATER 530 litres	COOLING 4kW Balboa heat pump	POWER 10A plug-in

OVERVIEW

Cold first, warmth whenever you want it

The Spring is a one-person cold plunge with its own built-in Balboa heat pump, holding the water as low as 5°C. There is no ice to buy and nothing to top up: set the temperature on the touch pad, and it is ready each morning. When you'd rather soak than plunge, the same pump warms the water to 40°C.

It arrives fully assembled on a stainless steel frame, with an insulated cover, filter and ozonator to keep the water clean between uses.

PURCHASE PRICE

£4,495.00

Final package pricing to confirm

TYPICAL LEAD TIME

1 to 2 weeks

From order to delivery

THE DETAILS

Specifications

SEATS	1 person
DIMENSIONS	200 × 95 × 90 cm
WATER CAPACITY	Approx. 530 litres
WEIGHT	Approx. 238 kg (empty)
TEMPERATURE	5°C to 40°C
HEAT PUMP	Balboa CLIM8ZONE II, 4kW inverter, built in
CONSTRUCTION	Insulated acrylic shell in high-gloss white, stainless steel frame, moulded ABS base
ELECTRICAL	10A plug-and-play lead (5 m), into a dedicated, RCD-protected outdoor socket
ASSEMBLY	None — arrives fully assembled
DELIVERY	Fully assembled — kerbside delivery, or positioned for you

AS STANDARD

What’s included

THE TUB	200 × 95 cm insulated acrylic shell in high-gloss white, on a stainless steel frame and moulded ABS base
BALBOA HEAT PUMP	4kW CLIM8ZONE II inverter heat pump, built in, cooling to 5°C and warming to 40°C
TOUCH PAD	Balboa-owned Joyonway keypad to set your temperature
CIRCULATION AND FILTRATION	0.5HP circulation pump with a filter cartridge
OZONATOR	Works alongside the filter to keep the water clean
UNDERWATER LED LIGHT	For early mornings and evenings
INSULATED HARD COVER	Holds the temperature and keeps the water clean
PLUG-AND-PLAY LEAD	5 metres long, 10A
DRAIN	For easy emptying

PLANNING YOUR SPACE

Site and running

BASE	A firm, level base at least 2 × 0.95 metres. Gravel, stone chippings or paving slabs are ideal; soil and lawn are not. No concrete needed.
ACCESS	The tub arrives fully assembled, so the delivery route needs to take 200 × 95 × 90 cm and around 238 kg. We review access, route and lifting with you first.
RUNNING COST	Estimated £30–90 a month, based on typical use. We explain the assumptions behind any figure, including how often you change the water.

JAMES’S TAKE

This is the cold plunge for people who want it ready every morning without buying a single bag of ice. Set it as low as 5°C and the built-in heat pump holds it there. On the evenings you’d rather not plunge, it’ll warm the same water up to 40°C instead. It arrives fully assembled, so there’s very little to do but get in.

James Outdoor Wellness Specialist

Figures are from the manufacturer’s specification and may change. Nothing is final: James confirms the product, access, base, warranty terms and specification with you in writing before any money changes hands.