



INDOOR INFRARED SAUNA · 3 PEOPLE

The Trio

Our largest indoor infrared sauna, with room for three or space for one to stretch out, simply plugged in.

SEATS 3 people	SIZE 160 × 110 × 200 cm	HEATING 2,880W infrared
HEAT-UP 10–20 minutes	POWER Standard UK socket	WEIGHT 225 kg

OVERVIEW

Room to stretch out

The Trio is our largest indoor infrared sauna, with room for three or space for one to stretch out. Heaters at the front, back, sides and bench wrap you in gentle warmth within 10 to 20 minutes, behind a frameless glass front that keeps it light and open.

Western Red Cedar seating, soft colour lighting and Bluetooth sound make it a room the whole household can share. It arrives flat-packed, goes together in an afternoon, and plugs into a standard socket.

PURCHASE PRICE

£5,395.00

Final package pricing to confirm

TYPICAL LEAD TIME

1 to 2 weeks

From order to delivery

THE DETAILS

Specifications

SEATS	3 people
DIMENSIONS	160 × 110 × 200 cm
WEIGHT	Approx. 225 kg
HEATING	2,880W infrared: full-spectrum front and back heaters, carbon side and bench heaters
HEAT-UP	Around 10 to 20 minutes
ELECTRICAL	Plugs into a standard UK socket (230V, 12.5A)
TIMBER AND FINISH	Western Red Cedar seat and backrest, Canadian Hemlock exterior, frameless tempered glass front
DELIVERY	Flat-packed in four boxes
ASSEMBLY	1 to 3 hours, with two people

AS STANDARD

What's included

THE SAUNA	160 × 110cm cabin with Western Red Cedar seating and backrest and a Canadian Hemlock exterior
INFRARED HEATING	Full-spectrum front and back heaters, with carbon side and bench heaters, 2,880W in all
GLASS FRONT	Frameless tempered glass, for light and a sense of space
DIGITAL TOUCHPAD	Set the temperature and time, with an automatic timer
BLUETOOTH SOUND	Nakamichi sound system with AUX and Bluetooth
COLOUR LIGHTING	Chromotherapy lighting, to set the mood of each session
EXHAUST FAN	Keeps the air fresh while you sit
STAINLESS STEEL FITTINGS	For a long life and straightforward assembly

PLANNING YOUR SPACE

Room and running

FLOOR	A firm, level floor in a heated indoor room. Not suitable for garages, outbuildings or outdoor use.
ROOM	It can sit against the wall behind it and the walls either side; it just needs room in front to open the door and step in.
ACCESS	It arrives flat-packed in four boxes, so the route in is rarely a problem. We check the room, floor, power supply and route with you first.
RUNNING COST	Estimated £7.50–22.50 a month, based on our average customers' monthly use. We explain the assumptions, including how often and how long you use it and the time of year.

JAMES'S TAKE

The Trio is for a household that will use it together, or for anyone who simply likes room to stretch out. It's the largest of the three, so measure the room first. At 1.6 metres wide, the space is usually what decides it. Get that right, and it's a lovely thing to have in the house.

James Outdoor Wellness Specialist

Figures are from the manufacturer's specification and may change. Reported experiences vary from person to person; if you have a medical condition or are pregnant, please check with your GP before use. Nothing is final: James confirms the product, your room, the power supply, warranty terms and specification with you in writing before any money changes hands.